

December 2008

Welcome to our December Newsletter everyone. **In this issue:**

- Birthday Greetings
- Gradings
- Instructors
- 2 Free Classes offer
- Xmas schedule
- Xmas Party
- Xmas New Year Offer
- Fundraiser T Shirt nites
- Fees

Birthday Greetings

Congratulations to David Tooley who celebrates his birthday this month.

Gradings

Well done to the following students on their gradings this month. It was an awesome effort displayed by all!

Yellow Belt: Austin Manson, Gold Belt: Rohan & Richard Baird,

Orange Senior: Karen Koed, Green Senior: Anne Cochrane and Blue Senior: Ashley Fitzgibbon.

Instructors

The school now has four Assistant Instructors:

Reece Basset, David Tooley, Richard Baird & Anne Cochrane.

Recently Richard Baird & Reece Basset attended and passed the Red Cross Senior First Aid course.

On Saturday Dec 13th there will be an Assistant Instructor Workshop at the hall: 2.00 – 4.00.

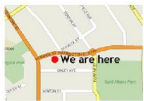
All Instructors please be present.

Free Classes Offer

This offer has been extended to Dec 18th – so all students you have until Dec 18th to bring along a friend for two classes and go in the draw to win pizzas, book vouchers & movie passes!

2 FREE SELF DEFENCE LESSONS

This voucher entitles one person to *two free 60 minute Choi Kwang Do Self Defence classes* at the Christchurch School. To redeem your two free classes simply call in to the hall during the following times:
Every Tuesday & Thursday 4.20 pm - 7.30pm
Ph 0800 581481



Christchurch Choi Kwang Do
Balanced Outcomes for Body, Mind & Spirit

St Albans Uniting Church Hall
Berwick St, St Albans

We are here

Xmas Schedule

Our last training classes for 2008 are on Thursday Dec 18th. (T-shirt nite – xmas theme)
The school will re-open for normal training times on Tuesday Jan 6th



Xmas Party Mini Golf Fun Day

A great day was had by everyone at Stewarts Gully Domain, all agreed that we need to do this more often! I would like to thank all the parents and students for making it a fun day, Richard Baird – you are pretty good on that BBQ!



Xmas New Year Offer

All new students who join the school will receive a free uniform!

This offer is valid till Dec 23rd for all new students who sign up to Choi Kwang Do ready for the new year !

Improve your life!
Learn to defend yourself!
Gain flexibility

The only scientifically developed
Martial Art that is a total health System!



Choi Kwang Do Martial Art
Ph 0800 581481

The fastest growing Martial Art system in the world—more than just a Martial Art—A total health approach.

Join before xmas (Dec 23rd)

GET A FREE UNIFORM!

In time for the New Year!

Offer strictly limited to first 20 people.
(Complete uniform worth \$90 *Conditions apply)

ALL AGES FROM 6 YEARS
FAMILIES WELCOME

Tues & Thurs nights 4.30 - 7.30 pm
St Albans Church Hall

For more information visit :
www.choikwangdo.co.nz



Christchurch
Choi Kwang Do
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Fundraiser T Shirt Nites.

ALZHEIMERS

canterbury

The fundraising effort for Alzheimers Canterbury has been extended to our last training classes on Dec 18th – T Shirt nite – xmas theme. Funds raised will be presented to Alzheimers Canterbury in time for xmas.

Fees

You will have all received recently new bank details for direct debit payments. This account will need to be used for payments from December on. I am also pleased to announce that EFTPOS & credit card facilities are available for payment of joining fees etc..... Fee invoices will be produced on Dec 10th. It would be much appreciated if these can be settled prior to Christmas week please.

All the best for the festive season to all students, parents and families. I would personally like to thank everyone for all their support and look forward to a great new year as the school develops and grows to cater for the needs of the Christchurch area.

Pil Suhng and Kind Regards

Mark Palmer